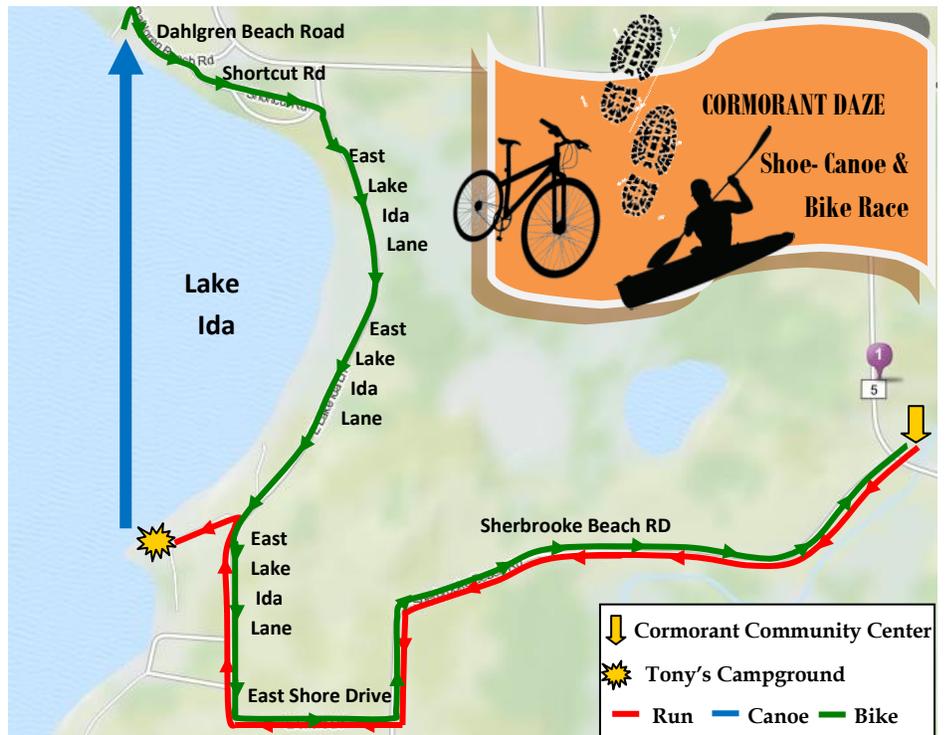


CORMORANT DAZE - AUGUST 17, 2019

SHOE - CANOE - BIKE RACE



1. START AT CORMORANT COMMUNITY CENTER, **FOLLOW THE RED LINE** - RUN ALONG SHERBROOKE BEACH ROAD -> E. SHORE DRIVE-> E. LAKE IDA LANE-> INTO TONY'S CAMPGROUND. **1.5 MILES**
2. CANOE OR KAYAK FROM TONY'S TO THE LAKE IDA PUBLIC BOAT RAMP/ELLA MARIE'S CAFE'. **FOLLOW THE BLUE ARROW**. **1.25 MILES**
3. BIKE ALONG DAHLGREN BEACH ROAD -> SHORECUT ROAD -> E. LAKE IDA LANE -> E. SHORE DRIVE -> SHERBROOKE BEACH ROAD BACK TO THE CORMORANT COMMUNITY CENTER FINISH LINE, **FOLLOW THE GREEN LINE** . **2.5 MILES**

Equipment required:

- ✓ **Non-motorized floating device:** kayak, canoe, paddle and **MUST** wear a life jacket.
- ✓ **Bicycle:** **MUST** wear bike helmet to protect the dome.
- ✓ **Shoes:** A good pair of running shoes to support your run for fun & fame.

- 7:00 -7:45 a.m. Equipment drop-off
- 7:45 a.m. RACERS MANDATORY MEETING @ COMMUNITY CENTER
- 8 a.m. Race Start
- 9:30 a.m. Post-Race Celebration

Register By August 10th to Participate in Race. Call Budd @ 218 - 491 - 5660

Free Will Donation To Support Pelican Rapids "Welcome Place"